

LEGACY ACTION



Edmonton
Community
Foundation



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Dogs with Wings helps clients gain independence and connect to their community

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Premature babies get a fighting chance thanks to NorthernStar Mothers Milk Bank

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Oxford House helps recovering addicts stay the course



Maggie & John Mitchell

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Cover photographed by Daniel Wood at the Dogs with Wings training facility in Edmonton, Alberta.

MESSAGE FROM THE CEO



As we prepare for spring, we at Edmonton Community Foundation (ECF) have much to look forward to.

First off, congratulations are in order to

Alex Draper, our Donor Grants Associate. He's just been named the 2016 Community Philanthropy Fellow by the Carold Institute and Community Foundations of Canada. This is the first such award in Canada!

Alex will use his fellowship to develop a mechanism to track funding for charitable organizations and social programs in Edmonton. This open-source tool will enable funders and non-profits to examine both funding trends and community needs. The goal is to help improve the decisions funders

make about where to put resources for maximum impact. We'll be watching Alex continue to learn, grow and strengthen his community through this fellowship.

We're also very excited to watch our 2015 Vital Signs Grants be put to work this year. Vital Signs is an annual check-up conducted by ECF, in partnership with the Edmonton Social Planning Council, to measure how our community is doing with a focus on a specific topic. In 2015, the focus was on Edmonton's urban Aboriginal population. ECF has allocated \$100,000 per year for the next three years to support organizations addressing issues affecting Edmonton's Aboriginal communities.

Although we have a lot to celebrate this year, we also realize that the current economic conditions in Canada and in our community are worrying. It's during trying times like these that the power of endowment in action is especially large. Through endowment funds,

ECF is able to continue to support charities at a time when more people are relying on their services.

In this issue you'll see some of that important work — with people recovering from addictions, with hungry infants, and with people with disabilities. You'll also read about donors who are turning their love for classic cars into support for a charity about which they are also passionate.

The power of endowment is rated at a lot of horsepower! Welcome to *Legacy in Action*.

Martin Garber-Conrad

Sharing blessings.

I know that I am so fortunate to have the life I do, to live where I live and to have opportunities presented to me. I started my fund so that I could make a lasting contribution to my community - leave a legacy. *It makes me so happy to know that year after year, even when I am gone, my fund will continue to make an impact in Edmonton.*

Emmy Stuebing



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THE CANINE CONNECTION

Dogs with Wings is a local organization that trains service dogs, providing their clients with increased independence and safety

BY: CAROLINE BARLOTT PHOTOGRAPHY: DANIEL WOOD

This summer, Lis Dam Lo went to Ikea with her daughter Jordan. Dam Lo navigated the store, purchased a desk and loaded it into her car — and it was all done without any issues. While this would seem like a normal Saturday for most people, for Dam Lo, it was a huge achievement.

Her 11-year-old daughter, Jordan, has autism, is non-verbal, and going anywhere can be extremely challenging — sometimes Jordan reaches for items in a shop, sometimes she screams and other times she may bolt without being aware of her surroundings.

But the Dam Lo family for the last five years have had help in the form of a service dog named Iynan, who is able to assist the whole family with everyday tasks, while improving Jordan's quality of life in several ways. Iynan is a Yellow Lab, Golden Retriever cross and his calming presence and specialized skills, gained through local organization Dogs with Wings, allow for trips to places like Ikea, which would never be possible otherwise. >

While Iynan doesn't go with Jordan to school, he goes with her everywhere else, and his presence, says Dam Lo, makes a huge difference for the little girl. Through extensive training, Iynan knows exactly what to do if Jordan tries to run at an inopportune time. He is able to plant himself, and stop her from running into a potentially dangerous situation. And his presence has helped Jordan to sleep better, interact with people more, and even understand that she can stand up for herself.

"She interacts with him and plays tug-of-war with him. And the harder he tugs, the harder she laughs. It's very easy for kids with special needs to be taken advantage of. Sometimes other kids will take things away and the special needs kids will be like: 'Ah, whatever, go ahead.' But now with the dog, she has an inkling that she can hang on, she doesn't have to give in," says Dam Lo.

Iynan is one of between 40 and 60 dogs trained at any one time through Dogs with Wings, a province-wide organization that pairs people with disabilities — including those with mobility problems, vision, and hearing challenges — with dogs trained in methods of assistance. Along with the autism program, the organization provides dogs for Victim Services agencies around the province, usually associated with a local law enforcement detachment. One such dog has been placed recently with Zebra Child Protection Society in Edmonton. Victim Services dogs assist victims of crime and tragedy deal with the trauma of the event along with the challenge of providing evidence in any court proceedings.

This year marks the organization's 20th anniversary. The organization started out with only two volunteers — now, Dogs with Wings has nine staff members in Edmonton, additional trainers in Grande Prairie, Calgary, and Red Deer, along with 200 volunteers across the province.

Executive director John Wheelwright explains that these dogs can help open doors, retrieve telephones, help a client into a wheelchair, help with clothing changes, or even pick up a coin or a credit card from the floor, to name a few examples. "The dogs benefit each and every one of our clients. One family was able

to go on a family vacation for the first time in 10 years, because they finally felt safe in public," says Wheelwright.

Training a dog takes about two years, and is carried out by certified dog trainers with the help of foster volunteers who look after the dogs in the evenings. The first 12 months are spent ensuring the canine learns basic obedience — how to sit, lie down, be calm, leave food alone and walk on a loose leash.

Autism dogs must be able to physically handle intense situations — there is testing of eyes, hips, elbows and heart. Trainers also conduct a stack test for personality where dogs are put in artificial situations and judged on their reactions. "It could be putting food sources in front of them, or how they react to a special toy to test the dog's ability to function when they're stressed," says Wheelwright.

Those that aren't able to behave properly in public — they may become too excited in front of children, for example — are put into the companion dog program for those who need a skilled dog that doesn't need to be out in public.

Next, the young dogs are screened to determine where their talents fit best — whether as a service dog for a disabled person, a companion dog for the elderly or an autism dog for a young child. "We look at six or seven clients and we match the personality and walking style of the dog to the personality and walking style of the client. No two clients are the same; it's no good sending out a high energy dog with someone who walks slowly. And because we take so much time with our matches, they tend to be successful," says Wheelwright.

Iynan's calm demeanor, patience and desire for low key activity made him not only an excellent autism dog, but a great match for Jordan. "It's some kind of magical process," says Dam Lo. "I've met other service dogs, and thought there's no way they would match with my family."

But there's another side to the story that happened before Iynan was matched with Jordan. While the dogs go through training at Dogs with Wings, they also live with two sets of volunteers. For about the first year, one volunteer continually takes them home, and

cares for them, and once they enter the adult program, a new volunteer takes over.

For Iynan, Bernice Stieva was the one who looked after him as an adult — she decided to volunteer with Dogs with Wings after hearing a commercial on the radio. She works at King's University where she teaches skills to those teaching children with exceptionalities, so her background and interests align with the volunteer work she does with Dogs with Wings.

Volunteers like Stieva commit to dropping off the dog in the mornings, and picking it up in the evenings, then having the canine with them for nearly all of their outings. Stieva took Iynan with her to the grocery store, to church, to the library. Wherever her daily schedule took her, the dog followed.

IT'S SOME KIND OF MAGICAL PROCESS

For Stieva, the biggest challenge was not the time commitment — Iynan proved to be a fantastic companion — it was the end result where she would have to give him up. Initially, she wasn't sure if she would be able to foster another dog, since the prospect of turning over a dog that had become her pet over the course of a year was very difficult. But when Stieva heard Jordan's story and saw what a huge difference Iynan made in her life, she felt it was more than worth it. She's now fostering her seventh service dog and plans to continue. Every time she takes a new dog, she thinks it may be her last; but every time she sees the impact made on another person, she decides to continue.

When out walking Iynan, she drew a lot of attention and questions from curious bystanders. Once at a pet shop, Stieva spoke with a man who ended up getting a service dog after she informed him of the process. Later, Stieva learned one of the dogs she had fostered went to the man. It's just one of many stories that continue to motivate her to volunteer. >

Since she started in 2011, she's met countless individuals impacted by Dogs with Wings. One of her friends through Dogs with Wings could not even look or talk to her when she first met him. Now, with assistance from a service dog, he's attending university and going on band trips. She's heard of individuals who are sleeping through the night, children who now have friends at school, and people whose independence and ability to connect with the community increases — all thanks to their service dogs.

About 200 volunteers help Dogs with Wings with everything from the fostering of dogs to organizing events — and the contribution, says Wheelwright, is huge. In fact, if they were to put a dollar value to it, it would be about \$1.4 million. But because service dogs are in such high demand (especially autism dogs which make up about 70 per cent of the dogs that are trained through the program) the waiting list can be up to two years long.

In response, Dogs with Wings has increased the number of dogs it trains. Initially up to six dogs graduated each year, and their strategic plan calls for that to be increased to 25. And as the organization grows, its need for funding increases, which is why Wheelwright decided to take part in Edmonton

Community Foundation's ECF Endowment Sustainability Program.

Through the program, the staff learned much about the benefits of endowment funds and how to build endowments, which are invested to generate income to provide dependable ongoing support for Dogs with Wings. Each year a certain percentage of the fund (currently four per cent) is granted. Because of the stability endowment funds provide, organizations can be more strategic and plan for growth so Wheelwright knew that this would be a valuable investment resource for the organization. The ESP program provided him and his team with the tools — and the confidence — they needed to have meaningful conversations with their donors and volunteers about the impact of growing the organization. Working with ECF to grow those endowment gifts allows Dogs with Wings to focus on its donors and its programs, knowing that ECF will put its expertise to work in investing, maintaining, and otherwise handling all endowment details.

Dam Lo says the most exciting aspect of having a service dog is the way it has changed how others view her daughter. Every year, Jordan's school has an assembly where the

students learn about Iynan and his role as a service dog, and how he impacts Jordan's life.

She says that it's often difficult for individuals without exposure to special needs to interact with those who have them — because they simply don't know how to go about it. But with knowledge of Iynan, more children at school feel comfortable approaching Jordan. More children remember her, and it's created a community that Dam Lo doesn't think would have existed without Iynan.

"All the barriers come down. We see it everywhere we go. So, it's put a whole different filter on how the world interacts with Jordan. It's huge," says Dam Lo.

Out in public, Dam Lo notices the difference too. Before Iynan, Dam Lo often felt like her parenting skills were being judged. "Having a dog signals to the world, there are more issues going on. You get more sympathy and gentle looks rather than hostile ones. There is a chorus of 'awwwws' wherever we go," says Dam Lo. "Now, I can't imagine my life without him. If we had to give him up tomorrow, we would not only be heart-broken, we'd be house-bound." ☹️



REVVING UP

An Edmonton couple donates the proceeds from two vintage cars to charity

BY: ALEX MIGDAL PHOTOGRAPHY: ADAM GOUDREAU

Shortly after they married in 1999, Reno Trentini showed his wife, Jane, an old newspaper clipping of a 1967 Chevelle and told her he had always wanted to own one. Jane told him to slip the clipping into his day planner, and it would happen.

Three months later, while stopping for gas, the couple bought a bargain finder magazine. In it, they spotted a striking 1966 Chevelle SS. They went out and bought the car on the spot.

Reno soon went from proud owner to restoration master. He also purchased a 1970 Chevrolet El Camino, which he tirelessly rebuilt over two-and-a-half years, and then took on a 1965 model. The cars were exhibited at a few motor shows before eventually gathering dust in storage.

"It just hit me one day that it would be such a shame to just sell them and put the money towards other things. Considering all that Reno put into them, we should do something more meaningful," Jane says.

Jane was diagnosed with Multiple Sclerosis in 1999. Through her work as an estate planner and insurance advisor — helping families establish private foundations and donor funds — she realized they could do something more meaningful, including making a difference for others with M.S.

The Trentinis are now gearing up to auction off their two restored vintage cars in April and donate all the proceeds to charity. Half the sum will go toward the "Whatever It Takes" research fund for the MS Society of Canada; the other half will be invested in an endowment fund with Edmonton Community Foundation (ECF). The donation should prove fairly substantial, with both cars boasting a total appraised value of nearly \$350,000. Jane likens the cars to jewels.

"I feel great that someone else is going to be able to experience what I did driving the cars," Reno says. "I'm not attached to the cars. For me, the fun was in building them and the creative process."

The Trentinis, who have made smaller donations to charities over the years, hope to turn Reno's handiwork into a generational legacy. Each year, four per cent of the growing endowment fund — income earned from the investment — will go to charities chosen with input from their three children and seven grandchildren. Some will go to international causes, like sponsoring children, some to local charities, but the heart of the fund will be steady, ongoing support to the MS Society of Canada. That's especially meaningful to Jane as both her and her younger sister have the autoimmune disease and it took her aunt's life at the age of 56. Jane is 56 this year.

"I always think it's pretty amazing when professional advisors in our community walk that walk. They're not only advisors, but they're generous donors themselves," says Kathy Hawkesworth, ECF's Director of Donor Services, who helped the Trentinis plan their fund. "They understand their motivations for making a difference and then they surprised us with this truly unique way to move forward to make that difference themselves, by transforming Reno's labour of love in restoring these cars into support that lasts forever. We enjoyed learning from them what they wanted to accomplish and how they wanted to involve their family. With that information, it was a simple process to put together an endowment that reflects their wishes."

The permanent support created by endowment comes from ECF investing the fund and then each year granting a prudent percentage of the fund (currently four per cent). It doesn't take very long, in the perpetual life of an endowment (often less than 20 years) for an endowment fund to provide collective support equal to the original gift. At that point, the fund is often vibrant and growing, capable of providing even more support in the future.

As for Reno, he isn't done restoring cars yet. He's got his eyes set on a rat rod —and plenty of imagination left.

"Let's just say I've got my toe in the water," he laughs. ☺️

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HEALTHY START

NorthernStar Mothers Milk Bank provides families with donated breast milk so that premature babies can thrive

BY: CAITLIN CRAWSHAW ILLUSTRATION: KYLE METCALF

During a routine ultrasound appointment, Jennifer Larison and her husband watched with amazement as one of their twin girls put her hand in the other's mouth. It turned out that the twins shared an amniotic sac and placenta, which meant they could touch one another throughout the pregnancy.

It was a beautiful thing to witness, but “mono-mono” (Monoamniotic-Monochorionic) twins are at risk of dangerous medical complications such as cord compression, which can deprive babies of oxygen. To avert this, Larison's doctor scheduled an early C-section and on November 3, the babies were delivered at the Royal Alexandra Hospital in Edmonton at about 33 weeks. Twins are considered full-term at 37 weeks.

Weighing just four pounds at birth, the twins were frail and needed medical care at the hospital's Neonatal Intensive Care Unit (NICU). They also needed the nutrition and antibodies from breast milk to grow stronger, but Larison's body couldn't yet produce enough milk to feed both babies.

“When you have two, it's really difficult to have enough to feed them both, especially when it doesn't come in right away,” she says. Fortunately, Larison could rely on donor milk from NorthernStar Mothers Milk Bank to nourish the babies in their first eight days of life. While formula is always an option for premature infants, human milk often helps babies gain weight sooner and avoid the digestive issues and infections common to preemies. “You can't replicate breast milk like you can with other things,” she says.

Since April 2012, NorthernStar has been helping mothers like Larison nourish their frail infants. “We were the first milk bank to open in the last 40 years,” says founder and nurse, Jannette Festival. In the early 1980s, Canada had 22 milk banks across the country, but most were shut down after the AIDS crisis. “There was no test to

detect for the HIV/AIDS virus in the breast milk so all of the milk banks closed,” she says. After tests were developed to ensure safety, some milk banks eventually re-opened, but NorthernStar is the first new bank to open in Canada in over four decades.

NorthernStar supplies pasteurized donor milk to hospitals in Alberta, but about nine per cent goes out of province depending on the supply and need. At the Calgary facility, donated milk is pasteurized and tested for harmful bacteria ensuring premature infants with weakened immune systems are protected from any additional bacterial challenges. Much like a blood bank, NorthernStar ensures all donated milk can be tracked back to the donor in the unlikely event of a recall. “If next week a new disease was identified, and we suspected a donor had it, we could immediately find out where her milk went to,” says Festival.

NorthernStar originally opened as the Calgary Mothers' Milk Bank — a reference to its location, rather than its clientele. Unfortunately, many assumed the bank only served families in Calgary and many women in Edmonton were unaware that they could donate their milk. As a result, in 2014 only 20 per cent of milk donations came from Edmonton, even though the hospitals use at least half of all pasteurized milk dispensed by the milk bank.

To remove the limitations created by the original name, the bank recently changed its name to NorthernStar Mothers Milk Bank. “We wanted moms to know it doesn't matter where they live, they can donate to helping sick and fragile babies,” says Festival. The organization approached Edmonton Community Foundation (ECF) for help with its rebranding efforts, including an awareness campaign in Edmonton launched early this year. Via advertisements on buses, billboards and elsewhere, the non-profit hopes to educate Edmontonians about the work of the milk bank and its ongoing need for donations. >





BECAUSE I USED THE SERVICE, I JUST FELT LIKE IT WAS SUCH A BENEFIT AND I WANTED SOMEBODY ELSE TO HAVE THAT SAME BENEFIT



Festival explains that like blood banks, milk banks rely on the altruism of donors. “These women move mountains for us,” she says. “We don’t recruit them — they come to us and are quite committed to help sick babies whose mothers may not be able to produce milk. They see the health of their own baby and want to share that health with babies who need it.” Many donors will pump day and night to ensure they have enough milk to donate.

Last year, the bank signed up approximately 650 donors (up from 425 the year before) with babies under one year of age. Most of the time, donors are breastfeeding women who’ve recently birthed healthy babies. Some donors have lost babies at birth or soon afterwards. Festival explains that many bereaved moms find solace in donating their breast milk to sick infants. There are proven health effects for bereaved moms and it offers them a chance to leave a legacy for their baby.

The benefits of breast milk are many. “To the babies that receive pasteurized donor human milk, it’s not just a meal; it’s medicine,” says Festival. On top of containing easy-to-digest proteins and carbohydrates, breast milk contains antibodies that help babies fend off illnesses and infections. This passive immunity is important for all babies, but especially premature infants at risk of developing life-threatening infections in hospital.

One particularly dangerous bacteria, necrotizing enterocolitis (NEC), can destroy portions of a baby’s intestinal tract and create lifelong problems. Formula is a risk factor for preterm babies, which is why using donor milk helps NICUs dramatically reduce the incidence of this bacterial infection among patients. One of the hospitals that NorthernStar serves has reduced its cases of NEC from eight a year to just one or two, says Festival.

Larison is grateful that her babies made it through the NICU without developing any infections or health issues. After five long weeks, she was finally able to take two healthy babies home and now they’re thriving. In fact, her milk supply is so healthy now that she produces more than her twins need, and so she’s decided to donate it to NorthernStar.

The screening procedure was straightforward, says Larison. First, she visited her physician for a clean bill of health for herself and the babies. After that, she had blood tests done to verify that she didn’t have HIV/AIDS, hepatitis or any other illnesses. Now she pumps and freezes milk at home and recently dropped off her first donation at the Grey Nuns Hospital (which couriers donor milk to Calgary for processing).

“Because I used the service, I just felt like it was such a benefit and I wanted somebody else to have that same benefit,” says Larison, who plans to continue donating for the first year of her babies’ lives. She hopes that more breastfeeding women will consider donating, too: “Formula’s just not as good [for babies] as a woman-made product.”

BACK ON TRACK

Oxford House provides individuals recovering from addictions with a home to get back on track

BY: ANDREW PAUL ILLUSTRATION: MOLLY LITTLE

Since 1995, the Oxford House Foundation has helped hundreds of people suffering from alcohol and drug addictions rebuild their lives. The tenants who live in the homes managed by Oxford House all share struggles with alcohol or drugs. However, their backgrounds and stories are as varied as the neighbourhoods they live in.

Scarlet, who wishes to remain anonymous, is among the tenants. Her story starts in the late '80s when she began drinking socially while earning her business degree at the University of Alberta.

But after graduating in 1987, drinking on weekends turned into drinking during the week until she started calling in sick to work and missing family events. She also noticed that her social circle was changing.

“I graduated to the heavy drinkers because they were the funnest to be around,” Scarlet says. “I didn’t want to hang around people who were just going to have one drink and then say they’re done.”

By the early '90s, Scarlet’s addiction had taken a serious toll on her personal and professional life and she began seeking help for the first time. She discovered AA and began working the program with mixed results. She managed to maintain sobriety for a month here and there, but relapse was always just around the corner until 1997 when she began five healthy years on the wagon.

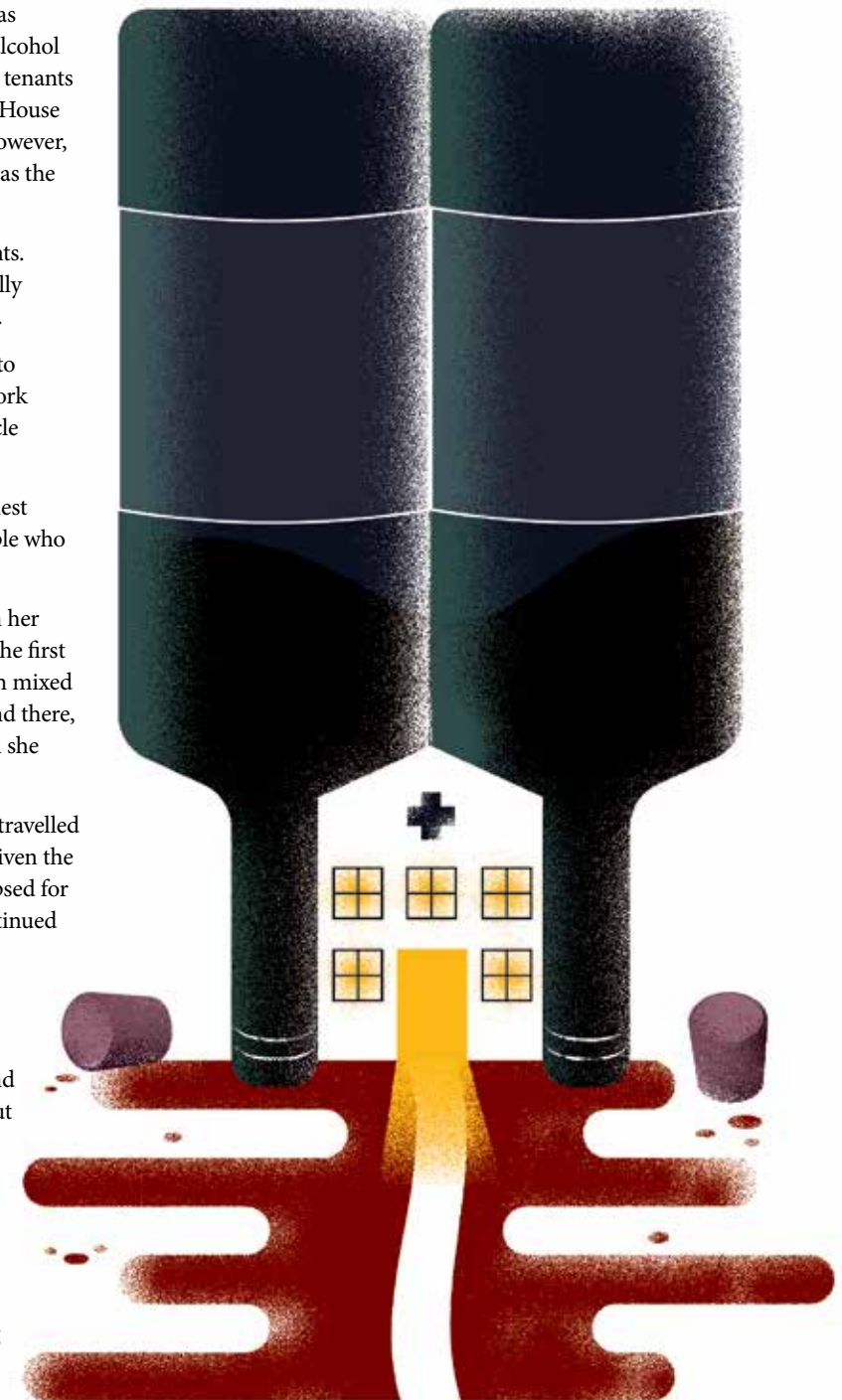
Between 1997 and 2002 she ran a marathon, bought a condo, travelled to Europe and repaired her relationship with her family. But given the nature of her disease, alcohol crept back into her life. She relapsed for a year, got back on track and the on-again-off-again cycle continued until 2007 when her mother passed away.

The sudden loss put Scarlet into a downward spiral. She lost her job a year after her mother’s death.

“Not having a job, I would drink every day and it got worse and worse,” she says. “I sold the condo and I had a bit of money, but I was not working and I was drinking every day so I got sicker and sicker and was alone, isolated and not accountable to anyone.”

Then in November 2012 Scarlet hit bottom. She went into her garage, closed the doors and started her car.

Scarlet is incredibly fortunate that she didn’t succeed in taking her life. She was taken to hospital with carbon monoxide poisoning where two very important things happened. >



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The first was losing the support of her family who, after years of watching Scarlet destroy her life, finally took a tough love approach. Scarlet says she's grateful to them for cutting her off from all family ties because "it finally caused me to really get my act together."

The second was her discovery of the Oxford House Foundation, which provides addicts with a home and support network to help them rebuild their lives.

Oxford House was founded in Calgary (where it manages 22 homes) in 1995 and expanded to Edmonton in November 1999 where it now operates eight homes that house up to five tenants each. The houses blend seamlessly into their residential neighbourhoods. This speaks to the organization's belief that a tightly knit support group in a home-like setting is crucial to recovery.

— 66 —

**IF THERE IS ANYONE
OUT THERE STRUGGLING
WITH ADDICTION
PLEASE KNOW THAT
YOU'RE NOT ALONE**

99 —

And on December 31, 2012 Scarlet found herself on the doorstep of Oxford's Capilano House with a couple of suitcases and her Maltese puppy Trigger.

"When they said, 'yes' I was so grateful I was crying," she says. "I was so happy because I didn't know where we were going to go — that's as close to homeless I've ever been."

Oxford's Edmonton properties are managed by Chuck (who also wishes to remain anonymous), a former air force serviceman, and boilermaker who, after struggling with his own alcohol addiction, has been sober for the last 40 years. One of Chuck's primary roles is to oversee the intake of new tenants. This begins with an application form and interview before he schedules a meeting between the potential tenants and existing housemates, who make the final decision.

"We try to mix and match different types of addictions and demographics," Chuck says, noting that's fairly easy considering the diversity of people who suffer from addiction.

Over the years Chuck has seen politicians, doctors and pro athletes come through the door. "Addiction doesn't discriminate — it's important the housemates have a say about who moves in."

Scarlet says that living with people who understand addiction is invaluable. Their shared life experience enables them to provide each other with encouragement and support while they work their respective AA programs (tenants must attend a minimum of two meetings per week) and tackle their issues.

Chuck is also responsible for maintaining the houses. This hasn't always been easy, and Scarlet recalls the condition of Capilano House when she first moved in.

"The bathroom downstairs was the size of an airplane toilet," she laughs. "You could barely turn around in the shower, and at first I thought, 'How can they live here?'"

The kitchen was also a headache. Its minimal counter space made it nearly impossible for all five women to make breakfast at the same time. Mealtimes became so claustrophobic that Scarlet began eating in her room, which she admits was a bad habit.

Then, in April 2014 Chuck received a grant of \$32,123 from Edmonton Community Foundation (ECF) to help renovate Oxford House's Edmonton properties. Through ECF's support (and the generosity of other funding agencies including the Stollery Charitable Foundation), Chuck was able to remodel the bathroom, kitchen, floors, deck and roof in Capilano House.

"Respect brings respect," Chuck says about the importance of the renovations. "When people are able to live in a well maintained home, it's easier to respect not only the property but themselves and each other."

Scarlet says that Capilano House truly feels like a home, and being able to live with decency has enabled her to rebuild her life. In the three years that she's been there, Scarlet has made leaps and bounds in her recovery and currently holds a contract position in healthcare sales, which she hopes will become fulltime this summer. If that happens, she'll be ready to move out on her own again.

"Oxford House saved my life," says Scarlet. "If there is anyone out there struggling with addiction please know that you're not alone. There are people who want to help." 🍷



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are, what inspires us,
and how you can
become involved.**

www.ecvo.ca




THE FOUNDATION. of my community

starts with you and me — more than charity
it's the empathy i feel for the
people where i live.

close to home is where the heart is,
where help goes farthest
my foundation helps me start this:

people standing **TALL**
in towns big and small,
urban, rural, one and all.

My care comes through
helping those that can't make do,
or get by, or maybe
just need to fly... 

My foundation has roots across the land,
intertwining, hand-to-hand,
showing what we thousands banded
together can do, including you, making true
the endeavour
to make things better
for generations still,
their dreams fulfilled,
it all gets built ...



Gurvinder
Edmonton Community
Foundation

ON THE FOUNDATION.

Canada's community foundations help communities where they need it the most, connecting people, families and companies with the causes that inspire them.
Community makes you. You make your community.



www.communityfoundations.ca

arts, culture & heritage education learning health & wellness
social & community services recreation & leisure environment
social enterprise endowment the **legacy investment** grants
scholarships **impact** community and **granting** field of interest
engaged unique in perpetuity across generations **forever**
personal gift **priorities** causes culture & heritage education



Karen Platten

Charitable *goals.*

I really believe in Edmonton Community Foundation (ECF), the work that they do, and the benefit that they add to the **community**. They are so much better positioned to determine the needs of Edmontonians than I am. *That is why I invest in Edmonton through ECF.*

TIMELESS CONTRIBUTIONS. ENDLESS POSSIBILITIES.

Call 780-426-0015 or visit our website www.ecfoundation.org



Edmonton
Community
Foundation